

2019 NYWA Information

<http://www.nywa-mn.com/>

****NYWA Memberships**

To BUY or RENEW your NYWA membership go to <http://www.nywa-mn.com/membership/>

- If you already have an NYWA account, login and renew your NYWA Membership.
- IF you don't have an existing account, Create an Account and buy a NYWA Membership.

NYWA Districts

NYWA Districts are held at 20 different locations the first two weekends following the Minnesota State High School Wrestling tournament. Wrestlers must attend one of the districts in **order** to qualify for regions. Wrestlers can attend any district they choose to BUT if they qualify at that district, they **MUST** attend the regional tournament that that district is under. For example, a wrestler who attends and qualifies at the Austin District **MUST** wrestle at the **region** One tournament (Rochester region). If a wrestler does not follow the proper advancement, they will be disqualified. Wrestlers who place 1st or 2nd at districts will advance to the regional tournament. At regions, a wrestler must place 1st, 2nd or 3rd in the weight class to advance to State (with the exception of the wildcard region which advances the top 4 to state). Then those wrestlers who place 4th, 5th or 6th place at regions can advance to the Invite tournament if they wish.

District Events, listed by Region:

Region 1 (Rochester):

1. Austin: Friday, March 15
Contact: Jeremy Wilson
Phone: (507) 438-1145
[View tournament flyer](#)
2. Plainview: Friday, March 8
Contact: Norb Marx
Phone: (507) 876-2621
[View tournament flyer](#)
3. Stewartville: Saturday, March 16
Contact: Joe Haggerty
Phone: (507) 339-6600
[View tournament flyer](#)
4. Hayfield: Friday, March 8
Contact: Kevin Bronson

Individual Regions Tournament - 2019 (times are subject to change)

Wrestlers must have wrestled at an NYWA district tournament prior to attending a regional event. Region tournaments are NOT open tournaments; they are part of a qualifying process. There are NO exceptions to this. Wrestlers must wrestle at a region tournament before advancing to State. The top three wrestlers in each weight class will advance to state with the exception of the wild card region [see wild card rotation below](#)). **Weight classes for Kindergarten has changed, effective September 2017. [View weight classes](#).**

Region One (Rochester) - Friday, March 22nd & Saturday, March 23rd

Location: Byron High School, 1887 2nd Ave. NW, Byron 55920

Contact: Dean Nelson

Phone: (507) 635-5519

Friday: 5th -8th grade only; weigh-ins 4-5 pm, wrestling begins at approximately 5:30-6 pm.

Saturday: K-4th grade; weigh-ins 7:30-8:30 am, wrestling begins at approximately 9-9:30 am.

Admission: \$6.00 for adults, \$3.00 for students. Admission is paid daily. Two-day passes for adults are \$10.00; for kids \$5.00.

Coaches Passes: \$5.00, limit 1 coach per wrestler at mat side.

NYWA State & Invite Tournament: April 4-7, 2019

Mayo Civic Center

30 Civic Center Dr.SE, Rochester, MN

Invite Tournament - [Itinerary](#)

The Invite tournament is run in conjunction with the State Tournament. Both events are at the Mayo Civic Center. Any wrestler who places 4th-6th at regions can register for the Invite tournament. Any wrestler who places 4th-6th at Regions can register for the invite tournament now. Any wrestler who is coming to state as part of a team or participated at regions but did not place can register after the initial deadline.

If you have specific questions regarding the Invite tournament, please call (800) 540-4140.

State Tournament - Itinerary

NYWA State and Invite tournaments are jointly held at the Mayo Civic Center. Any wrestlers who place 1st-3rd at regions will advance to state with the exception of the 4th placer from the wildcard region which also advances to state. Team competition begins on Thursday for 7th & 8th grade teams. There will be two separate weigh-ins for 7th & 8th graders, those wrestling on team and those who aren't on team. There will be a separate weigh-in time for 5th & 6th graders. Individual competition for 7th & 8th graders will begin on Thursday and competition for 5th & 6th graders will begin Friday morning.

Weigh-In Information for State and Invite

All wrestlers, team and individual, will receive a one-pound allowance at state and invite ONLY! There is no weight allowance at region events.

All K-4th graders will weigh in on Friday evening. Wrestlers, grades 5th & 6th, do NOT have to weigh in again on Friday evening unless they are wrestling a different weight for the K-6 team competition. There will be an additional weigh-in on Saturday for those wrestlers who are only wrestling on the team.

All wrestlers must advance from districts to regions to state. NYWA regions and state are NOT open tournaments. Wrestlers are not allowed to wrestle in regions if they did not participate at a district and cannot wrestle at state if they did not wrestle at regions. Wrestlers cannot change weight classes from regions to state.

If you have additional questions, please contact NYWA at (800) 540-4140 or email NYWA at info@nywa-mn.com.

Hotel information – We have rooms at two different hotels:

Hampton Inn by Hilton

Faribault Wrestling

Welcome to the Faribault Wrestling reservation site!

A block of rooms has been reserved for April 4, 2019 - April 7, 2019. The special room rate will be available until March 15th or until the group block is sold-out, whichever comes first. Rate is \$129/Night.

Booking a reservation from our site is simple. To begin the **process**, click on this link: <http://hamptoninn.hilton.com/en/hp/groups/personalized/R/RSTMNHX-FW3-20190404/index.jhtml>

See you at the Hampton Inn Rochester in March! We hope you enjoy
your stay and your group's event!

***Centerstone Plaza Hotel Soldiers Field
Welcomes Faribault Wrestling
April 4-7, 2019***

Non Smoking Tower Guestrooms with
Two Queen Beds or One King Bed and Queen Size Sofa Sleeper,
Microwave, and Refrigerator
\$92.00

There are a limited number of each room type available.

(The hotel will do its best to keep the rooms together for the group. However; we
cannot guarantee this.

If you would like to request to be near another guest, please make the request at time of
booking reservation.)

To speak to a reservation agent call 507-288-2677 and ask for the Faribault
Wrestling rate.

Please reserve by Monday, April 1, 2019. Rooms will be released from
block on the 1st.

(Please cancel or change reservation by 24 hours prior to arrival to avoid penalties.)

- Indoor pool with basketball hoops, whirlpool, kiddie pool, and arcade
 - Twigs Tavern & Grille – Extensive gluten free menu with dedicated prep station
and cooking appliances
 - Free parking
 - Complimentary hot breakfast buffet with scrambled eggs, breakfast meat,
waffles, and continental breakfast items
 - Guests staying two nights receive 2 free drink tickets.
 - Banquet Rooms available for nominal fee. Can provide own food. Inquire early
to reserve.
 - PLUS Free express shuttle on 20 passenger buses to all Rochester sports
venues, downtown Rochester, and Apache Mall!
- Contact sales contact prior to arrival to guarantee your time!

Centerstone Plaza Hotel Soldiers Field
401 6th Street SW * Rochester, MN 55902
www.soldiersfield.com