

Faribault Wrestling Club

Medical Release Form



Please Complete All Categories:

Wrestlers Name: _____

Date of Birth: _____ Age: _____

MEDICAL INFORMATION (in case of emergency)

Physician Name: _____

Phone Number: _____

Are there any medical conditions of which the coaches should be aware?

Does the player have any allergies? If yes, please list.

Health Insurance Information:

Name of Carrier: _____

Policy Number: _____

Address: _____

State: _____ Zip: _____

RELEASE OF RESPONSIBILITY AND CONSENT FOR MEDICAL TREATMENT

- It is understood and agreed that Faribault Wrestling coaches, officers, directors have no responsibility or liability for any accidents, injuries, or health related conditions that my child/dependent may experience through any activity including, but in no way limited to, transportation, practices, scrimmages, matches, tournaments or any other team activity.
- I as parent or guardian of the above named child am solely and exclusively responsible for any injury or health related condition that may arise from the above named wrestler's participation in any Faribault Wrestling activity, which includes, but is in no way limited to, transportation, practices, matches, scrimmages, tournament or other team activities. I specifically absolve the officers, directors, coaches and volunteers of Faribault Wrestling from all responsibility or liability due to any injury, accident (including death) or loss of property that may occur.
- I also certify that I, as parent or guardian of the above named child, give my consent to Faribault Wrestling and its representatives to obtain medical care from a licensed physician, dentist, hospital or clinic, for the above named child, for any injury that may arise from participation in any team activity.

Parent/Guardian Signature

Date



Faribault Wrestling Club



Release of Responsibility and Consent for Medical Treatment

In consideration of participating in Faribault Softball, and for other good and valuable consideration, I hereby agree to release and discharge from liability arising from negligence Faribault Wrestling Club and its owners, directors, officers, employees, agents, volunteers, participants, and all other persons or entities acting for them (hereinafter collectively referred to as "Releasees"), on behalf of myself and my children, parents, heirs, assigns, personal representative and estate, and also agree as follows:

1. I acknowledge that the sport of wrestling involves known and unanticipated risks which could result in physical or emotional injury, paralysis or permanent disability, death and property damage. Risks include, but are not limited to, blindness, bruises or other injuries caused by margers; injuries caused by falls or collisions with objects, other participants, or uneven surfaces; medical conditions resulting from physical activity; and damaged clothing or other property. I understand such risks simply cannot be eliminated, despite the use of safety equipment, without jeopardizing the essential qualities of the activity.

2. I expressly accept and assume all of the risks inherent in this activity or that might have been caused by the negligence of the Releasees. My participation in this activity is purely voluntary and I elect to participate despite the risks. In addition, if at any time I believe that even conditions are unsafe or that I am unable to participate due to physical or medical conditions, then I will immediately discontinue participation

3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless Releasees from any and all claims, demands, or causes of action which are in any way connected with my participation in this activity, or my use of their equipment or facilities, arising from negligence. This release does not apply to claims arising from intentional conduct. Should Releasees or anyone acting on their behalf be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

4. I represent that I have adequate insurance to cover any injury or damage I may suffer to cause while participating in this activity, or else I agree to bear the costs of such injury or damage myself. I further represent that I have no medical or physical condition which could interfere with my safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.

5. In the event that I file a lawsuit, I agree to do so solely in the state where Releasees facility is located, and I further agree that the substantive law of that state shall apply.

6. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

By signing this document, I agree that if I am hurt or my property is damaged during my participation in this activity, then I may be found by a court of law to have waived my right to maintain a lawsuit against the parties being released on this basis of any claim for negligence. I have had sufficient time to read this entire document and, should I choose to do so, consult with legal counsel prior to signing. Also, I understand that this activity might not be made available to me or that the cost to engage in this activity would be significantly greater if I were to choose not to sign this release, and agree that the opportunity to participate at the state cost in return for the execution of this release is a reasonable bargain. I have read and understood this document and I agree to be bound by its terms.

PARENT OR GAURDIAN ADDITIONAL AGREEMENT (Must be completed for participants under the age of 18)

In consideration of _____ (Print Minor's Names) being permitted to participate in this activity, I further agree to indemnify and hold harmless Releases from any claims alleging negligence which are brought by or on behalf of minor or are in any way connected with such participation by minor.

Athlete's Printed Name

Parent/Guardian Printed Name

Parent/Guardian Signature

Date



Faribault Wrestling Club



Athlete Code of Conduct, Ethics, Responsibilities & Commitment Form

As a Wrestler I pledge to:

1. I will follow all rules of the sport.
2. I will be coachable and listen to my coach's direction and comments as I willingly make every effort to improve myself as an athlete.
3. I will be, first and foremost, a team player dedicated to a spirit of oneness and helping others feel a sense of belonging.
4. I will accept decisions of the coaches & game officials without showing inappropriate emotions. I.E. arguing with referee.
5. I will refrain from unsportsmanlike gestures, cheers or language.
6. I will show respect for property & equipment.
7. I will treat each wrestler, coach, official & parent with dignity & respect.
8. I will display modesty in victory & graciousness in defeat.
9. I will place the team goals at a priority over any individual goals.
10. I will give the team my best effort at all times, this includes team practice times.
11. I will attend all practices & tournaments on time- coaches to receive notification prior to practices or meets that cannot be attended. Excused absences do not guarantee match time on the team.
12. I understand that at the traveling team level there are no guarantees of match time or position.
13. I understand all wrestling opportunities must be earned at tournaments and practices, and are determined by ability, attendance and attitude.
14. I understand that there may be consequences to being tardy or missing practice or tournaments.
15. I will make every attempt to arrange my schedule as to not interfere with practice and tournaments.
16. I will stay informed - relay schedules of matches, practices, etc. to parents.
17. I will communicate clearly & in a timely manner with coaches on relative issues as they arise
18. I will encourage & build up my teammates.
19. I will accept my coach's decision(s) as final. If I disagree with my coach, I will talk with him/her privately and with respect.
20. I will believe in myself and wrestle with confidence. I will not let the fear of failure hold me back or dwell on my mistakes.
21. I will have fun!

Athlete's Signature

Date



Faribault Wrestling Club



Uniform & Equipment Form

For FWC Board Use:

Wrestler Name: _____

Grade Level: _____ **Weight:** _____

Parent/Guardian Name: _____

Phone Number: _____

Email Address: _____

Received Singlet Deposit of \$100.00 **Yes** **No** **Check Number:** _____

FWC Board Members will assist with sizing as your child tries on equipment.

Short Size: *Circle the correct size*

YS YM YL AS AM AL AXL A2X

Warm-up Top Size: *Circle the correct size*

YS YM YL AS AM AL AXL A2X

Singlet Size: *Circle the correct size*

YS YM YL AS AM AL AXL A2X

Other equipment wrestlers often use and or need:

- Headgear
- Wrestling Shoes
- Wrestling Shirts
- Equipment Bag

The FWC Board often has extra equipment for use. Families often exchange equipment as their Lil' Falcons grow and no longer "fit" into slightly used equipment like wrestling shoes!