



Faribault Wrestling Club



Parent Code of Conduct, Ethics, Responsibilities & Commitment Form

As a Parent I pledge to:

1. I will demonstrate a positive attitude toward coaches, match officials, wrestlers and other parents on the team.
2. I will treat our opponents (wrestlers, coaches and parents) with respect.
3. I will control negative emotions and think positively. At tournaments, yelling at wrestlers, match officials or coaches is prohibited. Be a positive role model.
4. I understand and respect the differences between parental roles and coaching roles. While parents are ultimately responsible for their child's development, they must leave the coaching to the coach.
5. I will communicate openly with my child's coaches. (Coaches are not to be approached during tournaments over a disagreement concerning their decisions.)
6. I will address any concerns regarding tournaments or practice participation with the coach first.
7. I understand that all concerns regarding officiating and fair play will be taken up with the team coach only.
8. I will exercise the "24 hour cooling off" rule if frustrations are high. Wait at least 24 hours before approaching the coach on decisions you may not agree with. Exception to this would be safety related or immediate need.
9. I will help my child understand the values needed in a successful team sport. Among them are the following: Unselfishness, Fair-play and Sportsmanship, Sense of Team Play and Pride, Emotional Support of Teammates, Positive Attitudes.
10. I will be realistic about my child's ability and I will help my child set realistic goals. Sports' primary value is the opportunity for self-development.
11. I will assist my child with opportunities in order to achieve skill development.
12. I will become familiar with the techniques and rules of the sport.
13. I will make sure my child has transportation to and from all tournaments and practice sessions.
14. I understand that there may be consequences if my child is tardy or misses practice sessions, matches and or tournaments and that it may impact him/her not being able to participate throughout the season.
15. I understand (including my spouse) that there is a volunteer commitment. I will do my share in volunteering for the program or I will pay the association fee to help offset program cost that acquire throughout the season.

Parent Signature

Date



Faribault Wrestling Club

Parent Volunteer Policy



- In order to strengthen the Faribault Wrestling Club and allow FWC to run an efficient and effective program, we need your help! FWC is run completely by volunteers and we need the support of all our families.
- With our combined efforts and contributions we will continue to make our program a success.
- Parents must fulfill a minimum of (PreK-2nd = 4 and 3rd- 5th = 6) volunteer hours during the season. Fulfilling your volunteer requirement is easy. Please remember that FWC is a volunteer organization and the more people we get involved the more successful our organization will be. We would much rather have your help than your money. Being involved sends a positive message to the present and future members of FWC. The hours are per family. If you have multiple wrestlers in Faribault Wrestling, you are only required to fill the volunteer commitment associated with your oldest child.
- Board Members and Coaches for In-House are not required to fulfill hours as their hours volunteering for the FWC are considered their volunteer hours. Volunteer hours are to be completed by an adult; wrestlers are not permitted to fulfill hours. Wrestlers are encouraged and welcome the help of our parents during volunteer time.
- If you know you are unable to volunteer during the season, you may participate in our buyout program. If you are a traveling family you may choose the buyout option by submitting a check for \$175.00 to the club at the beginning of the season. This check will be cashed at the end of the wrestling season and you will not be expected to complete hours. If you do not choose the buyout option you must still submit a check for \$175.00 to the club which FWC will cash at the end of the wrestling season if you fail to complete your hours by this time. Please be advised that if you complete only a portion of your required hours, your volunteer check will be cashed in total. This check will be shredded upon the completion (acknowledged via email) of your allotted hours.
- Volunteer Opportunities include; Concessions, Burger Basket Fundraiser, Breakfast, Coaching, Table Workers at Tournaments, and other events throughout the season. Volunteer hours will be posted and sign-up is completed via our website, www.faribaultwrestling.com on the right side menu under volunteering. It is easy to sign up... and it will send you an email reminder 2 days before the time you signed up for.
- Families on scholarship that are unable to pay the deposit will be required to complete additional volunteer hours. If families are unwilling to pay the volunteer deposit, FWC cannot accept the wrestler's registration. FWC reserves the right to have volunteer hours as a requirement of the registration process.

Our family intends to do the following: Participate in the 4-6 Hours of Volunteering

***Please be advised that if you complete only a portion of your required hours, your volunteer check will be cashed in total.

Participate in the Buyout Option for \$175

My signature below indicates that I have read and understand this authorization and its terms. My signature indicates that I agree to the FWC volunteer requirements.

Signature

Date